



PARKES HIGH SCHOOL

Safe - Respectful - Responsible

ISSUE 12 - WEEK 6 TERM 3 2022

Phone : 6862 1844 Fax : 6862 5046 Email : parkes-h.admin@det.nsw.edu.au

Work Experience Session 1



Parkes High School would like to thank the businesses of Parkes for allowing our students to join them for a week of work placement.

Kelsey Mann at **AWN Langlands Hanlon**

Anthony Dickson at **McPhersons**

Jessica Towns at **Medical Imaging Parkes**

Jake Sinclair at **Parkes Health Service**

Cameron Frogley at **Transport for NSW**

Annika Sutton at **Ray White Real Estate**

Brock Charlton at **Fulton Hogan**

Alexander MacGregor at **Parkes Health Service**

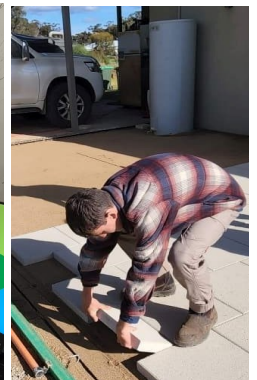
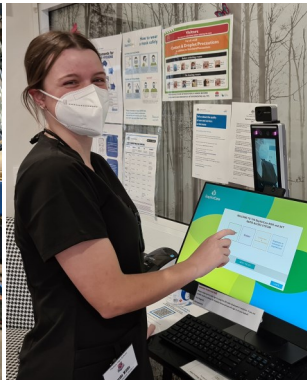
Kassie Merriman at **Roasted Kombi Café**



Parkes High School, Proud to be a member of the Henry Parkes Learning Community, "Leading In Education"



Work Experience Session 1 Continued



Parkes High School would like to thank the businesses in Parkes for allowing our students to join them for a week of work placement:
 Lara Bennett at **Middleton Public School**
 Caitlin Brown at **Parkes News and Gifts**
 Rhianna Gilby at **Charisma Hair**
 Izabella Ram at **Parkes Shire Council**
 Georgie Jubb at **Parkes Shire Council Library**
 Jayda Willis at **Niola Baptist Care**
 Alexander Chambers at **Josh Cheney Construction**
 Shailey Butt at **Parkes East Public School**
 Bridie Lacey at **Pink Orchid Florist**
 Hannah Guise at **Parkes Community Kids**
 Makayla Sloane at **Adel's Salon and Skin Clinic**
 Cristalyn Kliese at **Parkes Early Childhood Centre**
 Jaden Hartley at **Parkes Shire Council**
 Deegan Kearney at **Medlyn Auto Repairs**
 Danilo Bottaro-Porter at **Dooley Outdoors**
 Thomas Burkitt at **Parkes East Public School**
 Bailey Chandler at **Midland Industries**

Parkes High School Aboriginal Dance Group

Our Sista Speak Dancers, along with Brock and Levi recently performed at the St Patrick's Primary School in Trundle NAIDOC Day. Thank you for being amazing ambassadors for our school kids!. Also a big thank you to Mrs Sutton and Mrs Mills for organising the day.



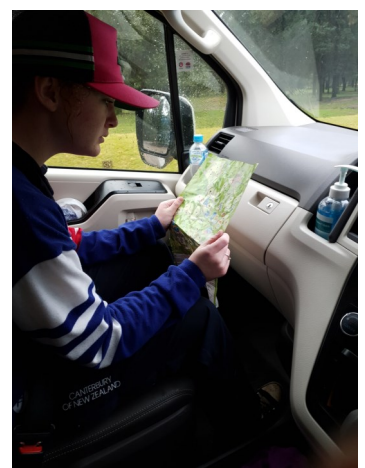
Year 8 Into 9 Subject Selection Evening

Thank you to all the parents, carers and students who attended our 8 into 9 Subject Selection evening. It was great to see so many faces! A reminder that subject selection opens this Monday - students will be emailed their code. If you have any questions please don't hesitate to contact Mrs Hinks or Mr Dumas on 68621844.



Year 12 Maths

The rain couldn't stop Miss Walker's Year 12 Maths Standard 1 class from travelling to Dubbo to attend Taronga Zoo for the Investigating Networks Day. Looks like they had an awesome day!



Special Education

Our Special education staff and students decorated their doors for Education Week. The theme this year was creating futures. Well done everyone, they look amazing!



PRINCIPAL'S REPORT

At our latest P&C meeting it became apparent that our P&C are on the brink of folding due to the lack of volunteers in taking positions and attending meetings. The P&C have reduced the number of meetings a year to have just one per term to attract more volunteers. Our current President will resign from the position at the end of the year, and we are already looking for a Treasurer. The P&C have worked together with our school for many years to support our students. Our school canteen is a P&C run canteen and if the P&C folds, this will have a flow on effect on our canteen. The canteen is also seeking a bookkeeper to help them with the paperwork. The next P&C meeting will be held on Tuesday 18 October, just come to the Albert Street entrance. If we do not have enough parents to continue, we will have to fold the P&C and this will result in decisions as to the viability of the school canteen.

Mobile Phones: I am concerned at the number of issues that are occurring due to inappropriate use of mobile phones. We are looking into utilising security pouches to give students a safe place to store them during the day. This will give students the opportunity to concentrate on their learning tasks and remove the ongoing issues of social media during school hours.

Written Permission: All excursions and activities that are off school grounds, including our carnivals, require us to have written permission from parents or caregivers. We are now required to have informed consent from parents and caregivers for any activity or presentation within school grounds that is not a usual aspect of day to day classroom teaching or curriculum. The Skool Bag App has supported us as we develop strategies to gain the required permissions for students to attend excursions safely.

Upcoming Events:

Monday 12 September – Year 11 Examinations begin
Thursday 22 September Recognition Assembly
Friday 23 September Year 12 Farewell Assembly

School uniform: Our school office has supplies of our Winter Uniform. Our P&C endorsed the current uniform. They have worked tirelessly to ensure that our school uniform is sophisticated, functional and ensures students comply with safety regulations. Many items of our school uniform are now available through our front office. If parents or care providers are having difficulties in purchasing our school uniform please contact me at school.

P&C Meeting: Our next P&C Meeting is on 18 October 2022 in the conference room. We are desperately in need of parent volunteers to keep our P&C functioning. I look forward to seeing new and continuing parents.

Please contact the school (6862 1844) or make an appointment if you need to discuss any aspect of your child's education or if you need clarification on any issues or events your child may be involved in.

Please be aware that all visitors to the school, including parents, must report to the office in Albert Street.

At Parkes High School we are safe, respectful and responsible.

Mrs Sandra Carter
Principal



NSW Department of Education

Why attendance matters

When your child misses school they miss important opportunities to...



Learn



Build friendships



Develop life skills

education.nsw.gov.au



Career News

PARKES SHIRE COUNCIL CADETSHIPS / APPRENTICESHIPS/ TRAINEESHIPS – 2023. Check out this link for all the cadetships, apprenticeships and traineeships on offer at the Parkes Shire Council - APPLICATIONS close 11 Sept. **Enquiries:** contact the HR team on (02) 6861 2333 for advice about applying. **How to apply:** online via Parkes Shire Council website <https://parkes.applynow.net.au/jobs/PSC220475>

TRAINEESHIP FLANNERY'S PHARMACY – FORBES – Year 12 please see email.

https://uni-sydney.zoom.us/webinar/register/WN_OBP-6yryRBIxifi3t89jA

HOW TO BECOME A FITTER [https://studyworkgrow.com.au/2022/08/04/how-to-become-a-fitter/?](https://studyworkgrow.com.au/2022/08/04/how-to-become-a-fitter/?utm_source=newsletter&utm_medium=email&utm_campaign=your_weekly_careers_newsletter_33&utm_term=2022-08-18)

[utm_source=newsletter&utm_medium=email&utm_campaign=your_weekly_careers_newsletter_33&utm_term=2022-08-18](https://studyworkgrow.com.au/2022/08/04/how-to-become-a-fitter/?utm_source=newsletter&utm_medium=email&utm_campaign=your_weekly_careers_newsletter_33&utm_term=2022-08-18)

John Deer / Hutcheson and Pearce TOP GUN Apprenticeship program - Apprentice Service Technician and Parts Sales Service Apprenticeship – Applications close 4 SEPT <https://www.hutcheonandpearce.com.au/careers/apprenticeships-trainees/>

MAAS CAREERS EXPO – 20th Sept – St John's College Hall Dubbo – 6.00 – 7.30pm – students see email for more information

McDonalds Parkes and Forbes – looking for new crew members – Yr 9-12 check your email for more details

MOXY FARMS JOBS - <https://moxeyfarms.com.au/careers/>

HARVEST 2022 - Manildra Group is offering employment for the 2022 harvest season for any year 12's that may be interested in employment after the completion of year 12. – check your emails for more information

GAP YEAR – DEPT HOME AFFAIRS – Year 12 please check your emails

THE SURVEYOR IN TRAINING PROGRAM - Transport For NSW are keen to get some interest from locals that are; interested in becoming a surveyor, would like to earn a great wage while studying, and want a career within Transport for NSW. Year 12 check your emails <https://iworkfor.nsw.gov.au/job/surveyor-in-training-grafton-newcastle-wagga-parkes-mac-park-wollongong-345992>

Western Sydney University From 26 to 30 September, Western will offer 26 free online HSC Study Sessions delivered by qualified teachers, covering 14 subjects such as Chemistry, English, Maths and more. Find out more and register here: https://www.westernsydney.edu.au/future/student-life/events/free-hsc-study-sessions?cid=em:EGMT-CAA-HSC-SS_Aug22.

AgCAREERSTART is a national gap year program, kick-starting the careers of Australia's future farmers! Under 25s are matched to a host farm, complete a VET course, and enjoy access to industry events. AgCAREERSTART offers a range of agricultural experiences, whether you're into the latest tech, sustainable ag or the great outdoors - and applications for 2023 are now open www.agcareerstart.com.au.

The Australian Government HR School Leaver Program - provides an opportunity for recent high school graduates to start a HR career in one of our participating Australian Government Departments and agencies. Participants will receive an ongoing position with structured on-the-job and corporate training, and will be supported to undertake a Certificate IV in Human Resource Management. Roles may be offered in Adelaide, Brisbane, Canberra, Melbourne and Sydney with successful applicants commencing the program in February 2023. You must have completed a Year 12 certificate in 2021 or will complete one in 2022 to be eligible to apply for this program. Applications close on 5 September 2022. Year 12 students check your emails for more details.

ACU TALK WITH PARAMEDICS – online – 6 OCT – 6-7pm <https://www.acu.edu.au/about-acu/events/2022/october/talk-with-paramedics?>

UAC – Year 12 UAC registration is OPEN – UAC hard copy books can be found in the library - register and pick your top 5 course preferences <https://www.uac.edu.au/future-applicants/how-to-apply-for-uni>

SCHOOLS RECOMMENDATION SCHEME(SRS) – SRS are one-way institutions make early offers of undergraduate admission to Year 12 students – please note you must register with UAC to be eligible for SRS.

<https://www.uac.edu.au/current-applicants/schools-recommendation-schemes>

UNIVERSITY APPLICATIONS

Year 12 please check all individual universities for early entry dates

University of Tasmania – Early Entry open – closes 7 OCT <https://www.utas.edu.au/study/schools-recommendation-program>

SOUTHERN CROSS UNIVERSITY – Early entry open <https://www.scu.edu.au/study-at-scu/high-school-students/>

BOND UNIVERSITY – Early Entry open - <https://bond.edu.au/future-students/study-bond/how-apply/undergraduate-admissions-criteria/2023-year-12-entry>

Australian Catholic University – ACU Guarantee – Based on Yr 11 marks – open

University of Notre Dame – Early Entry open <https://www.notredame.edu.au/study/early-offer/early-offer>

Charles Sturt University – Early Entry RD 3 due SEPT 4 (apply again if you did not get offer in Rd 2) <https://study.csu.edu.au/study-options/pathways/charles-sturt-advantage>

University of New England Early Entry open <https://www.une.edu.au/study/study-on-campus/early-entry>

University of Newcastle – Early Entry open – check out their SPOTLIGHT program <https://www.newcastle.edu.au/study/undergraduate/getting-in/entry-schemes> and the Schools Recommendation Scheme <https://www.newcastle.edu.au/study/undergraduate/getting-in/entry-schemes/schools-recommendation-scheme>

Southern Cross University – Early Entry – open <https://www.scu.edu.au/early-offer/>

www.uow.edu.au/early

University of Technology - Sydney – Elite Athlete Program – for students who are State or National Representatives who wish to study at UTS - Applications close 2 December 2022. For more information go to <https://www.uts.edu.au/scholarship/elite-athlete-program>

Macquarie University Sydney - EARLY ENTRY – Leaders and achievers Early entry program OPEN and SRS

<https://www.mq.edu.au/study/admissions/entry-requirements/domestic/macquarie-entry/macquarie-leaders-and-achievers>

Western Sydney University - HSC True Reward Early Entry open [https://www.westernsydney.edu.au/future/study/application-pathways/hsc-true-reward?](https://www.westernsydney.edu.au/future/study/application-pathways/hsc-true-reward?icid=fs-course-generic:23acquisition-hsctr)

UNIVERSITY OPEN DAYS

Check out the ULIMATE OPEN DAY CHECKLIST -

[https://studyworkgrow.com.au/2022/07/07/the-essential-open-day-checklist/?](https://studyworkgrow.com.au/2022/07/07/the-essential-open-day-checklist/?utm_source=newsletter&utm_medium=email&utm_campaign=your_weekly_careers_newsletter_28&utm_term=2022-07-17)

[utm_source=newsletter&utm_medium=email&utm_campaign=your_weekly_careers_newsletter_28&utm_term=2022-07-17](https://studyworkgrow.com.au/2022/07/07/the-essential-open-day-checklist/?utm_source=newsletter&utm_medium=email&utm_campaign=your_weekly_careers_newsletter_28&utm_term=2022-07-17)

TAFE AND UNIVERSITY OPEN DAYS – DATES AND RESOURCES <https://myfuture.edu.au/assist-others/open-days>

University of Sydney Regional and Interstate Student Open Night WEBINAR - Sep 1, 2022 05:00 PM - This webinar offers prospective regional and interstate domestic high school students an opportunity to engage with The University of Sydney and interact with faculty, accommodation, scholarship and admission pathways staff. https://uni-sydney.zoom.us/meeting/register/tZArcumgqi0vG90Ae_w20bJnISz9xvCitJDT?utm

SCHOLARSHIPS

PLEASE CHECK INDIVIDUAL UNIVERSITIES FOR ALL THINGS SCHOLARSHIPS.

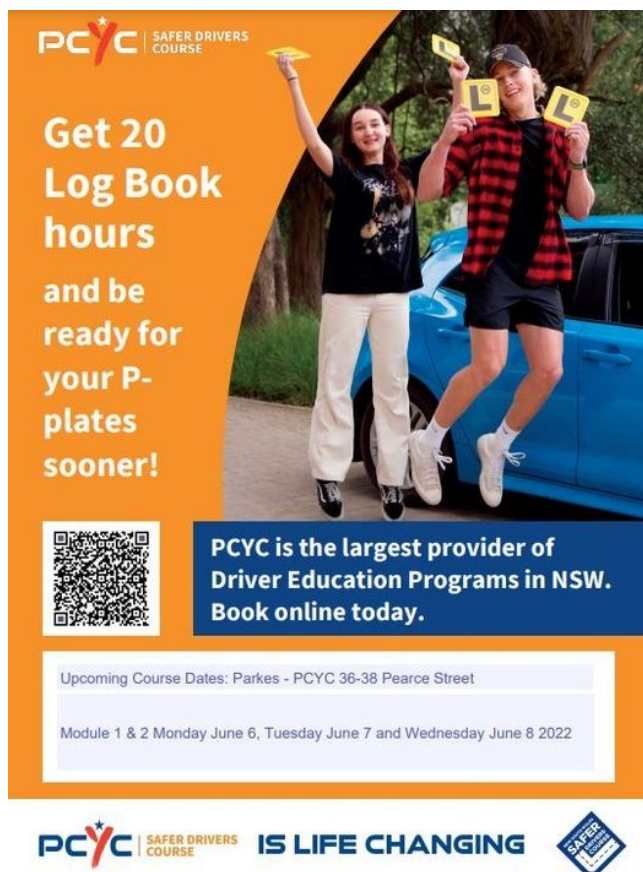
Teach NSW Do you know talented HSC students interested in a career in teaching? The NSW Dept of Education Teacher Education Scholarship provides students with financial support while studying and a guaranteed permanent teaching position upon graduation. [Teacher Education Scholarship \(nsw.gov.au\)](https://www.teachnsw.edu.au/scholarship).

There might be a scholarship out there for you – check out this site <https://studyworkgrow.com.au/scholarships/>

UNIVERSITY ACCOMMODATION

All students applying to university need to check individual university websites to find out accommodation application dates – you may need to apply for accommodation before you get an offer!!!

Need Hours For Your Learners Log Book?



PCYC SAFER DRIVERS COURSE

Get 20 Log Book hours and be ready for your P-plates sooner!

PCYC is the largest provider of Driver Education Programs in NSW. Book online today.

Upcoming Course Dates: Parkes - PCYC 36-38 Pearce Street

Module 1 & 2 Monday June 6, Tuesday June 7 and Wednesday June 8 2022

PCYC SAFER DRIVERS COURSE **IS LIFE CHANGING**



DO YOU NEED TRANSPORT?

CALL 1300 810 771

Medical appointments in regional centres ✓
Hospital day surgeries or admissions ✓
Accessing services, shopping or visiting ✓
Taxi vouchers to subsidise local transport ✓

If you have no transport options available, we can help you!

A small client contribution is required for most transport services which we can discuss with you on registration.

Neighbourhood CENTRAL
People our Passion - Service our Strength

Do You Know What They Are Vaping ?

We are **Encouraging Parents and Carers** to find out more and talk about the hidden impacts of vapes with your children. Alarming, we are seeing an increase in the number of young people trying vaping.

Young people may think they are simply inhaling flavoured water, this is far from the truth. Vapes can have the same harmful chemicals found in cleaning products, nail polish remover, weed killer and bug spray.

Vapes are colourful, with flavours that make them appealing. You wouldn't put cleaning products in your food, so why would you want to put it into your lungs?

What you can do as a parent or carer

There are ways you can help protect your children from vaping: Whether you suspect your child is vaping or not, take the time to talk to them about it and help them understand all of the risks. It is never too late to have the conversation.

- Try to start the conversation with your child in a relaxed easy-going way, perhaps taking the cue from around you, such as a note from school, a news story about on it, or seeing people vaping on the street.
- If your child is vaping, encourage them to stop, let them know that help is available and you are there for them.
- Learn about the different types of vapes available and the risks associated with using these products.
- Set a good example by being tobacco or vape free.
- Report those who are selling vapes to minors or selling vapes containing nicotine by completing the online reporting form or calling the Tobacco Information Line on 1800 357 412.



DO YOU KNOW

WHAT YOU'RE VAPING?

Vapes can have the same harmful chemicals like in cleaning products, weed killer, bug spray and nail polish remover. They just don't put it on the pack. Get the facts at health.nsw.gov.au/vaping



Vapes can have the same harmful chemicals like in cleaning products, weed killer, bug spray and nail polish remover. They just don't put it on the pack. Get the facts at health.nsw.gov.au/vaping



Townsend Memorial Scholarship

The Townsend Memorial Scholarship is available to students attending Parkes High School to assist students to complete a degree at the University of NSW or University of Sydney in the faculty of Medicine, Law, Dentistry, Architecture, Agriculture, Veterinary Science or Engineering. Please see Mrs Carter to discuss your application.

**PHS
BREAKFAST CLUB
EVERYDAY
8.20AM
ROOM G10**

**Start your day with some
yummy healthy food !!!.**
Each year group will be
called individually and
take away only will be
available.



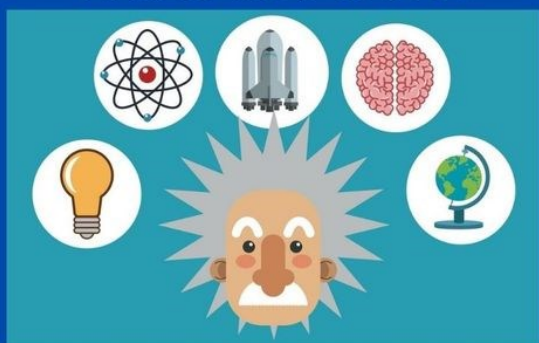
MATHS HELP

TUESDAY - PHS HUB

3.25pm

Complete homework
Go over classwork
Work on assessments
All Years and courses welcome

PARKES HIGH SCHOOL



SCIENCE HELP

MONDAYS AFTER SCHOOL IN B2
GET HELP WITH YOUR CLASSWORK,
HOMEWORK OR ASSESSMENTS

MRS VERE'S

**KNITTING
IN THE
LIBRARY**

**FRIDAY
LUNCHTIME**
**EVERYONE IS
WELCOME**

Signing Your Child Out Of School

If you send a note to the school in the morning we can have your child waiting at the office for you to collect.

This will save you time waiting for us to get them from their class.

Please make sure you include your child's full name on the note.

REMINDER - Energy Drinks are not consumed at Parkes High School

Long term effects of Energy Drinks include cardiovascular problems, heartburn, ulcers, difficulty sleeping (insomnia) and anxiety.

Please make good choices for your health. Staff will confiscate and discard Energy Drinks to support your health and wellbeing.

Important Dates

Monday 12 September

Year 11 Exams begin

Thursday 22 September

Recognition Assembly

Friday 23 September

Year 12 Farewell Assembly

Health and Safety Changes

ALL visitors to the school
MUST report to the office and sign in.

ALL visitors attending assemblies or events will be required to **SIGN IN** either at the office or at the LP Johnston Hall.

EVERY MINUTE COUNTS....

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...
10 minutes a day	50 minutes of learning each week	Nearly 1½ weeks per year	Nearly ½ a year of school
20 minutes a day	1 hour and 40 minutes of learning each week	Nearly 2½ weeks per year	Nearly a year of school
½ hour a day	½ a day of learning a week	4 weeks a year	Nearly 1 ½ years of learning
1 hour each day	1 whole day of learning each week	8 weeks per year or nearly a term a year.	Over 2 ½ years of learning

Your child's best learning time is at the beginning of the day...

**School starts at 9.00am
DON'T BE LATE!**



DAILY ANNOUNCEMENTS

A reminder to all students of the importance of listening carefully in roll call to the daily announcements. There are so many wonderful opportunities at our school including sporting team trials, Western Region representative trials, lunchtime activities, teams and group meetings, academic help and also our PBL focus. Each morning your roll call teacher reads out the daily announcements and we don't want you to miss out. So listen carefully and write important dates and events in your diary.

Parkes High Facebook

Our Parkes High School Facebook page will keep you informed of what's happening at Parkes High.

The page is regularly updated with school news, the newsletter and information relating to current events.

To access our page search Facebook for "Official Parkes High School".

f like us on facebook

Our school has a new look **online payment page!**

We're now accepting payment for Parkes High School via the school's website. New features allow you to access:



Anywhere, anytime from a mobile or tablet (as well as a desktop computer)



In a preferred language



Easily without needing to log on, register or enter a Student Registration Number.

We're now accepting payments for Parkes High School via the school's website. To make a payment simply:



Visit our school website on your mobile, tablet or desktop computer



Select 'Make a payment' from the main page menu



Enter the required student, contact and payment details

Note: You are NOT required to provide the 9-digit Student Registration Number.



Check your email for a copy of the receipt of payment

School Uniform

Now Available At Parkes High School
Cash or Cheque to the School Office

Polar Fleece Jacket	\$60.00
Blue Shirt	\$22.00
White Shirt	\$22.00
Long Sleeved Shirts	\$22.00
Girls Skirt	\$60.00
Girls Dress Pants	\$40.00
Sport Shorts	\$20.00
Sport Shirts	\$25.00
Trackpants	\$30.00
School Jumper	\$50.00
School Jackets	\$50.00
School Hats	\$15.00
School Tie	\$15.00
School Sport Socks	\$15.00

School Equipment

Navy Apron	\$7.50
Calculator	\$30.00

Please note that uniform CANNOT be paid through POP online



Mental Health Services and Support

Beyond Blue

24/7 mental health support service

1300 22 4636
beyondblue.org.au

headspace

Online support and counselling to young people aged 12 to 25

1800 650 890 (9am-1am daily)
For webchat, visit: headspace.org.au/eheadspace

Kids Helpline

24/7 crisis support and suicide prevention services for children and young people aged 5 to 25

1800 55 1800
kidshelpline.com.au

1800RESPECT

24/7 support for people impacted by sexual assault, domestic violence and abuse

1800 737 732
1800respect.org.au

Lifeline

24/7 crisis support and suicide prevention services

13 11 14
lifeline.org.au

Suicide Call Back

24/7 crisis support and counselling service for people affected by suicide

1300 659 467
suicidecallbackservice.org.au

Mensline

24/7 counselling service for men

1300 78 99 78
mensline.org.au

QLife

LGBTI peer support and referral

1800 184 527 (6pm-10pm daily)
qlife.org.au (online chat 3pm-12am daily)

If you are concerned about someone at risk of immediate harm, call 000 or go to your nearest hospital emergency department.



Health and Safety Risk Aerosol Spray Deodorants

Aerosol Spray Deodorants are **BANNED** from school as they pose a health risk to students and staff through the potential for asthma attacks and allergic reactions. These will be confiscated if brought to school.

If students need deodorant at school they are encouraged to use roll on deodorants.

PHS Duke Of Edinburgh's Award

Duke of Edinburgh meetings are held each Wednesday recess in C4 for students wishing to learn more about the award or for those who need help completing their award. See Mrs Vere for more information.



ARE YOU STRUGGLING?

Stressed, Anxious, Not Sleeping, Feeling Down?

Issues with friends or family?

Get Help NOW:

Call

eHeadspace - 1800 650 890
Suicide Callback Service - 1300 659 467
Kids Helpline - 1800 55 1800
Beyond Blue - 1300 224 636
Lifeline - 13 11 14
Drug and Alcohol Helpline - 1300 887 000
MensLine - 1300 78 99 78
Alcohol and Drug Info Service (ADIS) - 1800 422 599
SANE Australia - 1800 18 7263
Mental Health Line - 1800 011 511 (24 hrs)

Connect

<https://www.eheadspace.org.au/>
<https://www.suicidecallbackservice.org.au/>
<https://www.kidshelpline.com.au/>
<https://www.beyondblue.org.au/>
<https://www.lifeline.org.au/>
<http://adf.org.au/help-support/>
<https://www.mensline.org.au/>
<https://www.sane.org/>
<http://www.health.nsw.gov.au/mentalhealth/Pages/contact-service.aspx>
<http://www.mindhealthconnect.org.au/>
<https://au.reachout.com/>
<https://svhs.org.au/home/our-services/list-of-services/alcohol-and-drug-service/alcohol-and-drug-information-service>

Call 000

if YOU, or someone you are with, is in immediate danger

Contact your GP, that's a great place to start! Stay connected to family and friends. Eat well, get plenty of sleep and exercise. Be careful of excess alcohol intake and avoid other drugs. Manage your stress. Make sure you take a break and make time for fun. Your local hospital is open 24 hours and can be used in cases of an emergency.

