

Parkes High School

Sandwiches

1 Filling - salad	\$3.50
1 Filling - Meat	\$4.00
+ per filling	\$.50
3 + fillings	\$5.00
Vegemite/Honey	\$2.50

Rolls

Salad	\$4.50
Meat/Egg & Salad	\$5.00

Wraps

Salad	\$5.50
Meat/Egg & Salad	\$6.00

Toasties

Toasted Sandwich	\$5.00
Toasted Pocket	\$5.00

Fillings – Chicken, Ham, Egg,
Tomato, Lettuce, Cucumber,
Beetroot, Carrot, Cheese,
Pineapple, Honey, Vegemite

Fresh Salads (Term 1 & 4)

Garden Salad (GF)	\$5.00
+Chicken/Ham/Egg	\$6.00
Crunchy Noodle Salad (special)	\$6.00
Caesar (special)	\$5.00
+ Chicken	\$6.00
Watermelon Tub (GF)	\$4.00
Fruit Salad (GF)	\$5.00

Drinks

Milk 500 ml	\$4.00
Milk 250ml	\$3.00
Juice 500ml	\$4.00
Water 1.5lt	\$3.50
Water 600ml	\$2.00
+ meal purchase	\$1.00
Pump Flavoured Water 750ml	\$4.00
Cans Sugar Free 375ml	\$3.50
Juice Bomb (5 star) 250ml	\$2.50
Slushies	\$3.00
+ meal purchase	\$2.50

Switch It Up

Hotdogs	\$5.00
Burger & Juice	\$8.00
Churros	\$4.00

Canteen List 2025

Burgers

Chicken Burger	\$5.00
Chilli Chicken Tender Roll	\$5.00
Hawaiian Chicken (Week A)	\$6.00
Hamburger (Week B)	\$6.00
Chicken Ranch (Week A)	\$6.00

Homemade

Spaghetti Bolognese	\$5.00
Lasagne	\$5.00
Mac & Cheese	\$5.00
Butter Chicken & Rice	\$6.00

Term 2 & 3 (Order Only)

Curried Chicken & Rice	\$6.00
Soup * Chicken & Veg	\$5.00
+ Bread Roll	.50

Bakery

Beef Travellers Pie	\$5.00
Beef, Cheese & Bacon Pie	\$5.00
Sausage Roll	\$5.00

Daily Specials

Monday – Goujons (4)	\$3.00
Tuesday – Pizza (GF available)	\$4.00
Wednesday – Nachos (GF)	\$6.00
Thursday – <i>Switch It Up</i>	\$1-\$6
Friday – Chicken & Gravy Rolls	\$5.00

Gluten Free (Available to order)

Pasta	\$6.00
Butter Chicken & Rice	\$6.00
Sand/Wrap	\$6.00

Snacks

Chips lge	\$3.00
Chips sm	\$1.50
Fruit Muffins	\$2.50
Custard Cup	\$2.00
Jelly & Custard	\$1.00
Assorted Fruit	\$1.00
Frozen Yoghurt (GF)	\$2.00

Thursday (Examples)

Meatball Subs	\$5.00
Buffalo Chicken Nibbles 3 for	\$4.00
Wedges Sour Cream & Chilli	\$4.00

Prices Are Subject To Change Without Notification

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Phone: 6862 2805